A Conversation about Youth Access to PrEP

May 31, 2018
2–3 pm ET
Attendees are in **listen-only** mode.

If you have a question or a technical issue, **use the chat box** at the lower-right of your screen to chat with the “Host.”

You may also email questions to **whatworksinyouthhiv@jsi.com** after the webinar.
The audio is being shared via your computer speakers/headset.

If you can’t hear the audio, make sure your computer audio is turned on.

If you’re still having problems, please use the call-in number here:

1-866-469-3239
Access Code: 629 362 754
WebEx Interface Overview

Use chat box for discussion and send questions to the “Host.”

Adjust screen.
Introduction to What Works in Youth HIV (WWYH)

The WWYH project is operated by JSI Research & Training Institute, Inc., an international public health organization dedicated to improving the health of individuals and communities around the world.

WWYH runs through a cooperative agreement awarded by the Department of Health and Human Services (HHS) Office of Adolescent Health with funding from the HHS Secretary’s Minority AIDS Initiative Fund.
Play your part in preventing HIV

Find prevention strategies, interventions, or social media/marketing strategies to meet the needs of the youth you serve.

What Works in Youth HIV presents emerging and evidence-based practices and practical resources to help those who work with youth to prevent HIV/AIDS.
WWYH Goal

Improve the health and well-being of America’s adolescents by providing practical and innovative website content that empowers youth-serving providers to meet the needs of youth at highest risk for HIV/AIDS.
WWYH Strategies

Support and promote interventions and strategies to better integrate HIV prevention focused on youth.

Promote evidence-based programs and practices.

Connect with training and technical assistance opportunities, including social media and educational campaigns.
Webinar Objectives

Describe PrEP, how it works for HIV prevention, and who can take it.

Discuss common challenges related to youth and PrEP.

Describe program strategies for educating youth about PrEP, increasing their access to PrEP, and helping them adhere to PrEP (if desired).

Identify one strategy you can apply in your program.
Agenda

→ Speaker Introductions
→ The Basics: What is PrEP?
→ Conversation Question #1
→ Presentation of Strategies
→ Conversation Question #2
→ Audience Questions
Speaker Introductions
Meet Dr. Bisola Ojikutu

- Senior Advisor, JSI
- Assistant Professor of Medicine, Harvard Medical School
- Infectious Disease Physician and Researcher, Massachusetts General Hospital and Brigham and Women’s Hospital
Meet Sabrina Cluesman

• Assistant Director of Clinical Services for JASMYN, Inc. Jacksonville, FL

• Supports and leads JASMYN’s Sexual Health Clinic, which launched their PrEP Access Project in the Fall of 2016

• Licensed Clinical Social Worker
Meet Aruna Krishnakumar

• Director of the Health Outreach to Teens (HOTT) Program at Callen-Lorde Community Health Center, NYC
• HOTT Program provides comprehensive health services to LGBTQ youth ages 13-24
• Licensed social worker who received training at Columbia University School of Social Work
• Adjunct lecturer at Silberman School of Social Work, Hunter College – CUNY
The Basics
What is PrEP?
HIV Transmission Infection Takes a Series of Steps

1. Exposure
2. Crossing the mucous membrane
3. Infecting immune cells
4. Entering the blood stream
5. Spreading to other parts of the body

Over the Course of Days
HIV Transmission

Occurs Over the Course of Several Days

- Exposure
- Infect Immune Cells
- Permanent Infection

PrEP Antiretroviral Therapy "ART"

HIV Treatment Antiretroviral Therapy "ART"
ART as Treatment and as PrEP

- **ART as Treatment**: Virus in the blood and risk of transmission
- **ART as PrEP**: Risk of infection if exposed

**SEX**
Why was Truvada Chosen as PrEP?

- Combination of two effective HIV medications
  - Tenofovir
  - Emtricitabine
- Blocks HIV replication
- Taken once per day
- Low rate of side effects
- Good penetration in genital and rectal tissue
What About Side Effects?

Bones
Small Decrease Bone Mineral Density
No Fractures

Kidneys
Small Increase in Creatinine
Returned to Normal

Nausea, Headache, Weight Loss

Generally Safe and Well Tolerated
Truvada Approved as PrEP in Adolescents in 2018

Share the Night, Not HIV

PrEP is preventive medication that can help you stay negative, even if you might be positive.

Condoms provide additional protection. For more information on PrEP and how to get started, call 311 or visit www.cdc.gov/PrEP and search "Not HIV and PrEP".

WHAT WORKs IN YOUTH HIV
Conversation question #1: What makes youth access to PrEP so challenging?

Check the chat box for a link!
What makes youth access to PrEP so challenging?
Presentation of Strategies
JASMYN’s project goal is to reduce the number of YMSM and trans women being diagnosed with HIV, by:

- Continuing to develop a community plan that cultivates resources, creates education tools, and provides services to make PrEP available to high risk YMSM/trans women

- Creating a linkage process that will allow youth to access nPEP in a timely and sex positive approach, in Jacksonville and Northeast Florida
Strategies

**Strategy #1**
- Prioritize those with the least access and highest need
- Offer PrEP Education in all programs, services and social media

**Strategy #2**
- On-site clinic for direct access (weekly)
- Daily HIV Testing which includes PrEP screening

**Strategy #3**
- Continue to develop community and medical partnerships
- Lead the community conversation
- Explore future sustainability models
CALLEN-LORDE  HOT HOT Program Strategies
CALLEN-LORDE  PrEP Youth Program

UNINSURED PATIENTS
PrEP SPECIALIST
• Completes documentation for government and/or medication assistance programs

INSURED PATIENTS

INITIAL PrEP VISIT
• Risk assessment for acute HIV infection
• HIV/STI screening
• Baseline laboratory tests
• Initial prescription

BARRIERS AND ADHERENCE ASSESSMENT
• 2 weeks after initial visit
• Performed by nursing or case management

1-MONTH FOLLOW UP
• Performed by clinician
• Assess for side effects
• Repeat HIV testing
• Assess patient’s ability to navigate refills at pharmacy

ROUTINE FOLLOW UP VISITS EVERY 3 MONTHS
• Care as per CDC guidelines
**HOTT Program Strategies**

**Strategy #1**  
Open Access Walk-in PrEP Clinic  
- Can get a same day prescription, see a prevention counselor and a medical provider  
- Decreases stigma  
- Separates sexual health from primary care so that anyone can walk in

**Strategy #2**  
Mobile Health Van  
- Fully-equipped medical vehicle  
- Goes into communities where we know youth hang out  
- Provide low-threshold services  
  - Urgent care  
  - Sexual health screenings  
  - Provide information on PrEP in every case management or provider interaction

**Strategy #3**  
Creative Media  
- Fun, youth-friendly PrEP video series  
- Diverse cast  
- Accessible language  
- Reflective of patient population
Conversation question #2: What misconceptions do youth have about PrEP?

Check the chat box for a link!
What misconceptions do youth have about PrEP?
Audience Questions
Attendees are in **listen-only** mode.

If you have a question or a technical issue, **use the chat box** at the lower-right of your screen to chat with the “Host.”

You may also email questions to **whatworksinyouthhiv@jsi.com** after the webinar.
What's Coming Up?

Webinar on June 19, 2:00-3:30 PM ET: Don’t Waste Your Content: Innovative Ways To Increase Online Engagement

Register now at bit.ly/WWYH61918
Thank you for joining us!

➔ Please complete the webinar evaluation: surveymonkey.com/r/wwyhprep

➔ Sign up for our mailing list and access tools, resources, and more at WhatWorksinYouthHIV.org

➔ Follow us on Twitter: @WhatWorksYthHIV

➔ Contact us: WhatWorksinYouthHIV@jsi.com